





### Wellness Strategy 2020 – 2024

SAVING LIVES CHANGING LIVES

**EB** briefing

10/05/2021



### **Objectives:**

- Acknowledge WFP achievements in WEL 2015/2019
- Review the consultation process for the new WEL strategy 2020/2024
- WEL strategy 2020/2024: An update versus a new strategy with additional elements reflecting WFP renewed confirmation of values and culture
- A (tentative) implementation plan
- EB awareness and endorsement



# Wellness at WFP: a 3x5 Corporate Journey

(started in 2015)

WFP's Wellness Strategy will achieve impact through **three Goals**:

Goal 1 – OneWellness: Focus on the field

**Goal 2** – Promoting a corporate culture of health

**Goal 3** – Creating an enabling and supportive workplace



# Wellness at WFP: a 3x5 Corporate Strategy

Prevention (e.g. Field vaccine campaigns)

Promotion (e.g. Health and Fitness screenings)

Protection (e.g. medevacs, casevacs, emergencies)

Regional Wellness network (Regional Medical Officers)

#### Prevention

(e.g.: Appropriate contracting modalities)

#### **Promotion**

(e.g. Field managers induction)

#### **Protection**

(e.g. Timely and up to standards accommodation in emergency)

#### **Regional Wellness Network**

(e.g.: Regional HR officers)

MEDICAL & MENTAL HEALTH

PILLAR 1

PILLAR 5

WORKFORCE STEWARDSHIP

#### Prevention

(e.g. Psychol. Preparation to hardship duty station)

#### **Promotion**

(e.g. Standards for Psychosocial Wellness)

#### **Protection**

(e.g. Psychol. First Aid to critical incidents)

#### **Regional Wellness Network**

(e.g. Regional Staff Counsellors, PSVs)

#### **Prevention**

(SOPs for incidents prevention)

#### **Promotion**

(Safety standards)

#### **Protection**

(Safety Management System)

#### **Regional Wellness Network**

(e.g. Regional Administrators)

PILLAR 4

**SAFETY** 

PILLAR 3

ENVIRONMENT ACCOMMODATION

PILLAR 2

**PSYCHOSOCIAL** 

HEALTH

#### **Prevention**

(e.g.: appropriate water and sanitation)

#### **Promotion**

(e.g. Accommodation standards in the field)

#### **Protection**

(e.g. Timely and up to standards accommodation in emergency)

**Regional Wellness Network** (e.g. Regional Administrators)



Medical and Mental Health



# Pillar 2 Psychosocial Health



Here are some simple ways to gauge how resilient you are currently and to plan how to become more resilient.



How am I doing? A quick and easy way to check how you're doing today.



Burnout selfassessment This self-assessment is in depth and does what it says on the



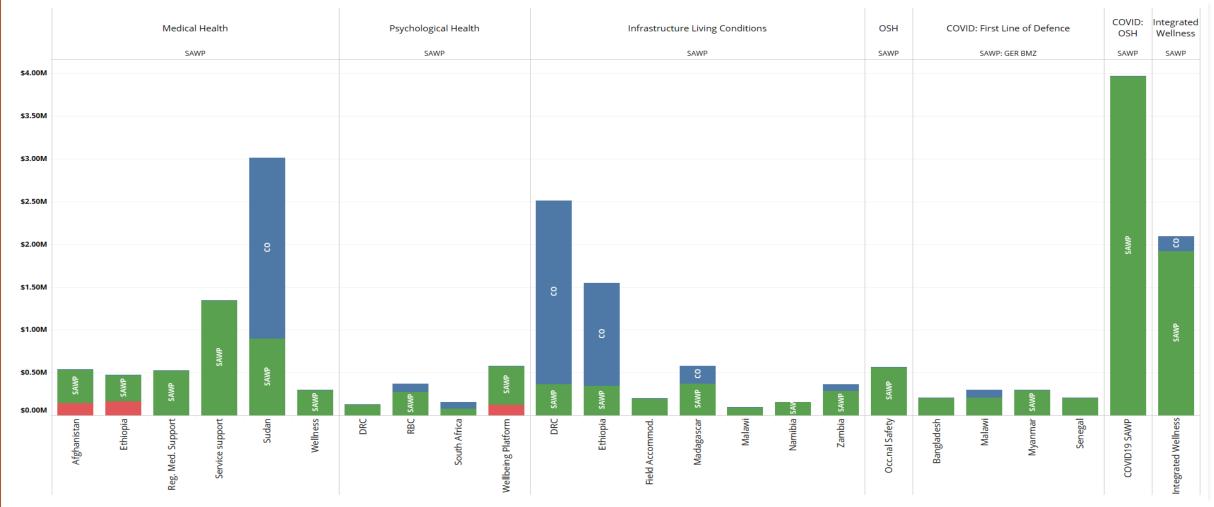




# **Wellness Funding to date**

- November 2015: the EB authorized an allocation of USD 10 million from the PSA Equalization Account for the establishment of a Special Account aimed at providing seed funding for wellness projects globally and in the field in line with the WFP Wellness Strategy.
- **November 2017**: the EB authorized an allocation of **USD 8 million** from the PSA Equalization Account to replenish the Staff Wellness Programme Account and continue activities.
- June 2020: BMZ Ministry of Germany grant of EUR 2 million for COVID response wellness projects.
- July 2020: the EB authorized an allocation of USD 8 million from the PSA Equalization Account to replenish the Staff Wellness Programme Account and continue activities.
- January 2021: Government of Israel grant of USD 40 k for COVID Antigene Rapid Diagnostic Testing in Ethiopia

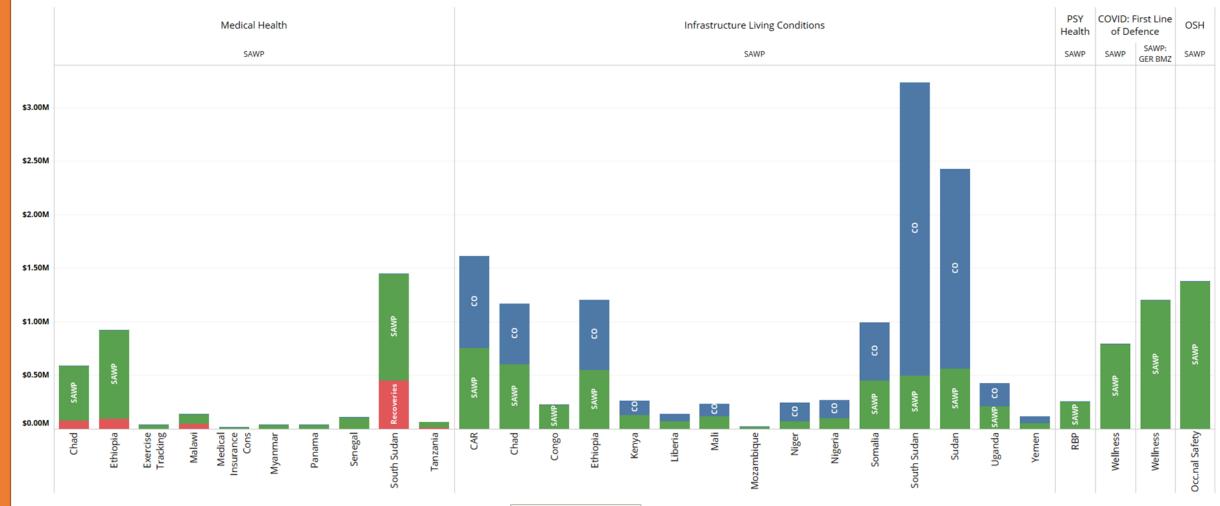
### **Wellness by Pillar and Country Office – Projects in progress**





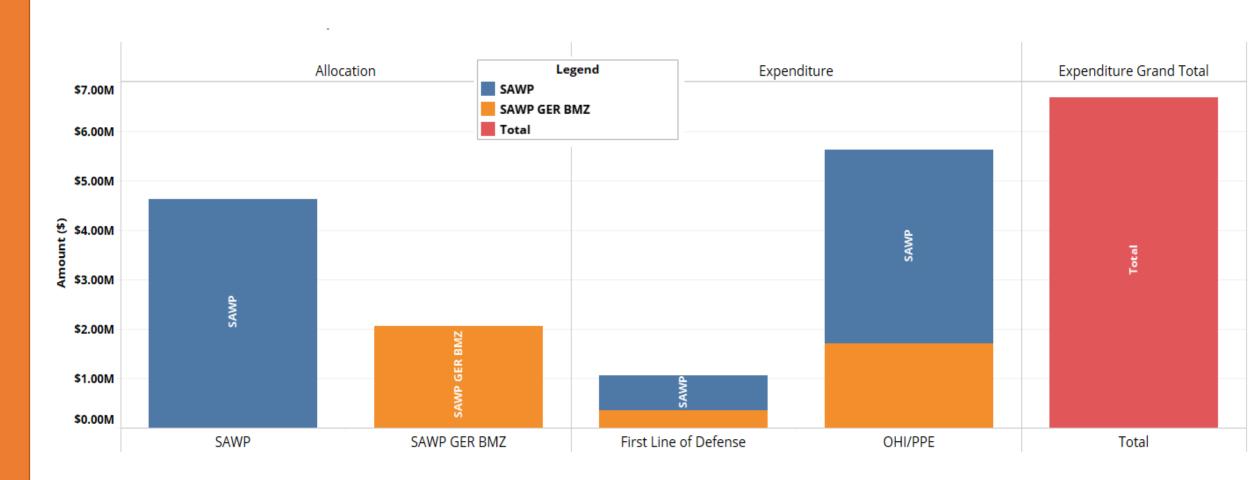


### **Wellness by Pillar and Country Office – Projects Completed**





### Wellness by Pillar and Country Office – COVID Projects Completed







## 2020-2024 Strategy consultation process

Field staff at CO. Field Office input through multilingual survey



For Staff Wellness Networks and Staff Wellness Committees: WFP Wellness Strategy Critique

Please share your opinions with us.

- Internal Staff Wellness review from WEL colleagues including Staff Counsellors in six Reg. Bureau and 11 COs, Medical Officers in six Reg. Bureau
- HQ Review 2020-2024 Strategy—reviewed by: Ethics Office, Ombudsman, HR Staff Relations including Staff Associations, Legal Division
- SAVING LIVES CHANGING LIVES

Workplace Culture Input: alignment with forthcoming People Policy and HR Strategy



### What's Changed in WEL's 2020-2024 Strategy-1

WFP has progressed and evolved; so too has Wellness (Concept, Division and Strategy). Employees' Wellness has become:

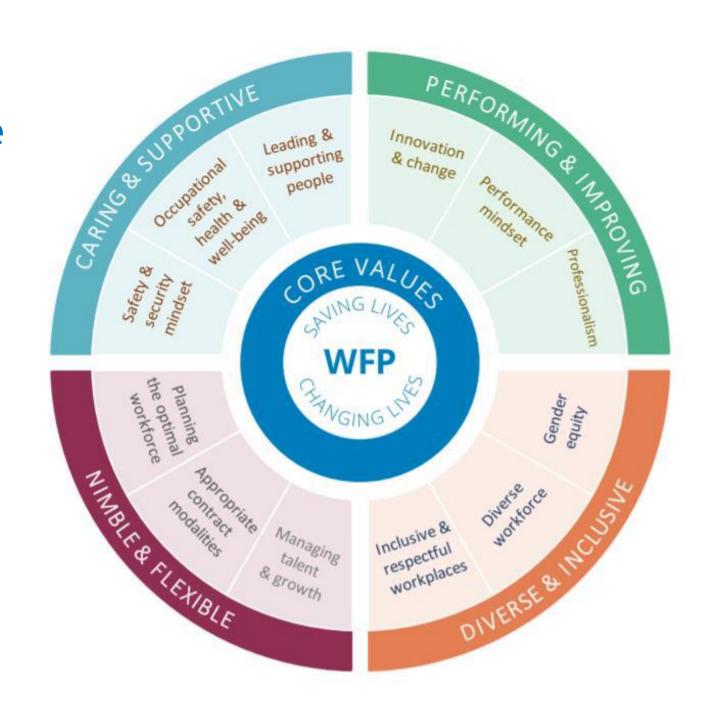
- 1) integral to corporate risk mitigation and business continuity planning;
- 2) an enhancement of employees' morale;
- 3) a driver for engagement and productivity;
- 4) essential to the organization as it delivers on its mandate to save lives and change lives.

SAVING LIVES CHANGING LIVES The Wellness Strategy emerged from the 2013 WFP Occupational Safety and Health (OSH) Policy and stems from WFP People Strategy and the forthcoming People Policy.



People Policy People Excellence Model:

Sets the direction and priorities





### What's Changed in WEL's 2020-2024 Strategy-2

• WFP CRR #12 Fiduciary category, "Insufficient investment in employee health, safety and security, recommend mitigating measures to reduce risks"

WEL 2020/2024 re-affirms the role of Staff Wellness in the corporate management of WFP's Duty of Care



 With the advent of the WFP Workplace People and Culture Department

WEL 2020-2024 Strategy asserts its integration with Workplace Culture and newly adopted WFP Values: integrity, collaboration, commitment, humanity and inclusion



### What's changed in WEL's 2020-2024 Strategy-3

 2020-2024 WEL Strategy is integral part of WFP implementation of the UNDIS in advocating and supporting necessary accommodations and policies for persons with disabilities in the effort to create an inclusive workplace



 The 2020-2024 WEL Strategy is aligned with the proposed People Policy Template for all WFP Strategies to a Strategy Implementation Plan that includes 1) Goals 2) Objectives 3) Outputs 4) Outcomes 5)
 KPIs 6) Timelines 7) Risks 8) Projected Costs

### Wellness 2020/2024: 3 Goals X 5 Pillars of Wellness



# Focus on the Field

#### Outcomes:

Goal 1:

- Extend already existing health promotion and illness prevention programmes to all employees in the field
- Increased access to healthcare in locations in need

#### **Outputs:**

- · Central Digitalization
- CO Staff Wellness Committees
- In access-critical areas: WFPsponsored primary healthcare clinics or outsourced to qualified commercial partners
- Locally recruited employees satisfied with insurance benefits

#### Goal 2: Promote a corporate culture of health

#### Outcomes:

- WFP Wellness promotes a corporate culture of disease prevention
- Risk management of Corporate Risk n. 12 Insufficient investment in employee health, safety, security
- Recommend mitigating measures to reduce risks

#### **Outputs:**

- Wellbeing and other platforms that support staff wellness
- PSVs become WEL champions/ family support
- WFP OSH safety management

#### Goal 3: Create an enabling supportive work Environment

- Outcomes:
- OSH policy implementation
- Disability-inclusive workplace at WFP
- Internal partnership
- External partnership

#### Outputs:

- RBx have ACOSH Committees
- Progressively advance WFP's work on disability inclusion
- Internal partnerships
- External partnerships

### Wellness 2020/2024: 3 Goals X 5 Pillars of Wellness



SAVING LIVES CHANGING LIVES

Pillar 1 Medical and Mental Health	Pillar 2 Psychosocial health	Pillar3 Working Environment/ Accommodation Conditions	Pillar 4 Safety  Prevention: SOPs	Pillar 5 Workforce Stewardship		
Prevention (e.g. Field vaccine campaigns,) Promotion (e.g. Develop ergonomic telework support, Health and Fitness campaigns) Protection (e.g. health insurance, medevacs, emergencies) Wellness network (Regional Medical Officers) Prevention (e.g. Psychol. Promotion (e.g. Standards for Psychosocial Wellness,) Protection (e.g. Psychol. First Aid to critical incidents, health insurance) Wellness Network (Regional Staff Counsellors)		Prevention (e.g.: appropriate water and sanitation) Promotion: (e.g. Accommodation standards in the field) Protection: (e.g. Timely and up to standards accommodation in emergency) Regional Wellness Network	for incidents prevention  Promotion: (Safety standards)  Protection: (Safety Management System)  Regional Wellness Network	Prevention: e.g. preparedness, wellness aware management) Promotion: e.g. work/life balance Protection: (staff admin support in emergencies and critical incident		
Know your health; Measure Wellness; Take responsibility for improving health	Know your health; Measure Wellness; Take responsibility for improving health	Be aware, improve and measure health of work environment and living conditions	Safety monitoring and reporting risk stratification	Ensure an enabling supportive and respectful workplace		

#### Dimensions:

Prevention: The action of stopping something negative from happening or arising by screening apparently normal conditions or situations; Promotion: Supporting healthy or correct behaviours or practices, without screening purposes;

Protection: Correcting dangerous situations or pathologies, once they are already established, to avoid further damage.



2020

- 1. Safety, Compensation in CORITY
- 3. 80% COs with Staff Wellness Committees
- 5. Health promotion and vaccine campaigns
- 7. ACOSH at HQ and Regional Bureaux
- 9 Compensation + Social Security in WFP

- 2. WEL Divisional Ethics Directive
- 4. Increase ergonomic support for teleworkers
- 6. Advocacy and awareness of WEL
- 8. WEL Digital Platforms (e.g. WFP WEL APP, CIGNA)
- 10. Monitor Working Condition and Accommodations

2021

- 1. Field outreach sustainability (SAWP funding)
- 3. Sick Leave Analysis
- 5. Further development of WEL platforms
- 7 Additional Medical Assistance Teams (DAMAT)
- 9 Stakeholder participation in People Policy

- 2. Consolidation of Regional Wellness Networks
- 4. Mandatory Health Support Elements Monitoring
- 6. Mental Health Strategy Implementation
- 8. MIDD contract review
- 10. BMIP, MICS, MCS performance review

2022..

- 1 . PSVs -> Wellness Champions
- 3. Regional OSH policy implementation
- [

- 2. Family Liaison Project
- 4. Ergonomic Workstation Assessors (EWAs)
- 6. TBD







### **GOAL 1: OneWellness Focus on the Field**

**Objective:** The country level and national employees are the focus of WFP wellness efforts.

#### **Anticipated outcome:**

- 1) Extend already existing health promotion and illness prevention programmes to all employees in the field (i. e. screening initiatives driven from epidemiological and sick leave data)
- 2) Increased access to healthcare in locations in need

#	Specific outputs	Estimated cost	2021	2022	2023	2024	Possible Risks	Proposed KPIs
1	Central DigitalizationWEL synthesizes and reports on WFP workforce health and illness trends using Cority to orient health promotion and illness/injury prevention	US\$ 250,000 / year (Cority Licenses)	50% (does not include SSA contract holders)	50% (does not include SSA contract holders)	50% (does not include SSA contract holders)		SKL records not accurately maintained	% of workforce SKL evaluated from epidemiologic point of view
2	Country Office Staff Wellness Committees provide the grassroots input to promote CO specific Wellness initiatives.	<mark>Ovēv</mark>	90% COs with Staff Wellness Committees	100% COs with Staff Wellness Committees			CDs do not support SWCs	% of COs with Staff Wellness Committees



### **GOAL 1: OneWellness Focus on the Field** (contd.)

#	Specific outputs	Estimated cost	2021	2022	2023	2024	Possible Risks	Proposed KPIs
3	Locally recruited employees in the field are satisfied with insurance benefits and services (measured by means of a yearly satisfaction survey).	O.a.	Satisfaction rate is at least 70%	Satisfaction rate is at least 70%	Satisfaction rate is at least 70%		Low response rate; Dissatisfaction about insurance benefits may lead to disengagement and low staff morale	Satisfaction rate: % of positive survey responses / total responses
4	Effective, efficient local alternatives such as WFP sponsored primary healthcare clinics or if not possible, outsourced healthcare provider team where UN Clinics/DPKO facilities not responding to requirements.	US\$500,000/year	Three COs (Malawi, Sudan and Ethiopia)	Four COs (4th to be defined: most likely Afghanistan)			Management of clinics is not feasible for COs with competing priority operational imperatives	n. of COs with quality access to primary care clinic
5	Yearly Annual Performance Plan for individual health risk management to work and travel	Yearly PSA budget	All staff are medically cleared prior to assignment	11			Operations continuity affected from unfit staff	n. airlifted international staff medevacs/year due to medical (no trauma) conditions



### **Goal 2: Promote a corporate culture of health**

**Objective:** By placing employee health and safety high on the corporate agenda, WFP engages managers and employees in pro-active, preventive behaviours that favour a future with reduced health risks, a healthier population and a more competitive and higher performing organization.

WFP's initiatives in wellness are essential mitigation measures to address WFP's Fiduciary Corporate Risk number 12, Insufficient investment in employee health, safety and security.

#### **Anticipated outcome**:

- 1. WFP Wellness promotes a corporate culture of disease prevention through lifestyle and behavioural changes in the workplace.
- 2. Risk management of Corporate Risk n. 12 Insufficient investment in employee health, safety and security, recommend mitigating measures to reduce risks.



## Goal 2: Promote a corporate culture of health (contd.)

# S	pecific outputs	Estimated cost	2021	2022	2023	2024	Possible Risks	Proposed KPIs
1	Wellbeing platform to enhance individual engagement in measurable behavioural changes addressing modifiable health risks.	\$100,000/year	50% of all WFP employees have used the app				Employees don't utilize APPS	% WFP employees that have used the app
2	Additional platforms (HUB), and programmes to address Staff Wellness needs across the organization	\$15,000/year	300/mo.	400/mo.	500/mg		Employees choose not to go to UN Clinics	N. of users of UN Clinics through the Humanitarian Hub
3	PSVs become WEL champions/ family support	\$200,000	Training WEL champions	50%	60%		Absence of CO commitme nt	% of CO with trained and functioning WEL champions
4	WFP OSH safety management system investigates and mitigates risk causing safety incidents	\$ 100,000 / year	n. of safety incidents investigated versus those reported	10%	20%	30%	No mitigation measures are possible	n. of new service- incurred injuries/illness es / year n. service- incurred disabilities/ye ar



### Goal 3: Create an enabling and supportive workplace

**Objective:** The Organization implements its Occupational Safety and Health Policy to which WEL contributes by providing complete and holistic health and wellness services, to employees and, where applicable, to their families. The maximization of synergies with other corporate stakeholders allows the Organization to fully implement the Policy and to receive potentially recognition for this within the United Nations System.

#### **Anticipated outcome:**

- 1. OSH Policy Implementation: WEL promotes the daily implementation of the OSH Policy and the required support to the ACOSH both at HQ and Regional levels as required creating opportunities in the field to address the most prevalent occupational health risks.
- 2. Internal Partnerships: a) WEL partners with Administration/Field Engineering for implementation of minimum standards for WFP workplaces, living accommodations, associated facilities and basic services (i.e. sanitation, access to potable water, etc.). b) WEL's partnership with Human Resources (HRM) for the development and implementation of policies that support employee wellness (e.g. job safety, career development, manager trainings, social security, etc.) organizational continuity and psychological safety.
- 3. External Partnerships: WEL represents WFP in all interagency and private sector fora on OSH and corporate wellness to share experiences at leadership level.
- 4. Working with disabilities at WFP: The organization will strengthen its approach regarding the necessary accommodation and policies for persons with disabilities in the effort to create an inclusive workplace.



# WEL STRATEGY IMPLEMENTATION PLAN WEL Goal 3: Create an enabling and supportive workplace contd.

Possible Estimated Specific outputs Proposed KPIs 2021 2022 2023 2024 Ricks cost RDs do not support the N. of RBx with ACOSH creation of RBx have ACOSH Committees 3 1 n.a committees ACOSH committees Internal partnerships produce N. of employees impacted specific, concrete projects and by the creation of at least at least at least at least Lack of 1,000,000 policies that promote the creation 5000 WFP 5000 WFP 5000 WFP 5000 WFP enabling/supportive funding USD/year and maintenance of an enabling workplace projects & employees employees employees employees and supportive workplace policies Other UN Benchmark key comparators agencies especially with other UN Agencies N. of joint opportunities are not n.a 4 with comparable operational undertaken per year able to model engage with WFP N. of joint efforts with MSD, HR etc. to address physical, social and employmentrelated barriers to WFP strengthens its approach incrementally enhance 1) with necessary policies & 500,000 Lack of 4 accessibility of premises, accommodations for persons with USD/year funding offices and facilities 2) disabilities participation, including in the course of recruitment. hiring, retention and career advancement



### Lessons learned and way forward

#### **Onewellness (Wellness Strategic Goal 1)**

More prevention through:

- Additional field vaccination campaigns (so far Chad and South Sudan > 1454 = 9% workforce)
- Additional field health screening and promotion
- Improved access to insurance and medical services for national staff

#### **Corporate Culture of Health (Wellness Strategic Goal 2)**

Staff demand for direct involvement as protagonist of needs-based wellness delivery:

- CO Staff Wellness Committees (28 so far)
- CO Wellness Strategies (four so far)
- Customer directed care platform with the Medical Plans Insurers
- Occupational health portal

#### **Cross-Functional and Interagency Partnership (Wellness Strategic Goal 3)**

Leading digital revolution of United Nations Common Services impacting Wellness

- Full development of the United Nations Hub Platform
- Full implementation of the WFP Safety Management System
- HR Stewardship: family support and work/life interface framework