



World Food  
Programme

# WFP and Nutrition

## Busting five nutrition myths

SAVING  
LIVES  
CHANGING  
LIVES

January 2019

# *Myth ONE*

Nutrition is  
something we can  
do around the edges



# Every country is affected by at least one form of malnutrition (GNR 2018)



**50.5 million**  
children are wasted



**151 million**  
children are stunted



**2 billion**  
people are affected by one or more forms of micronutrient deficiency



**2.01 billion**  
adults are overweight or obese

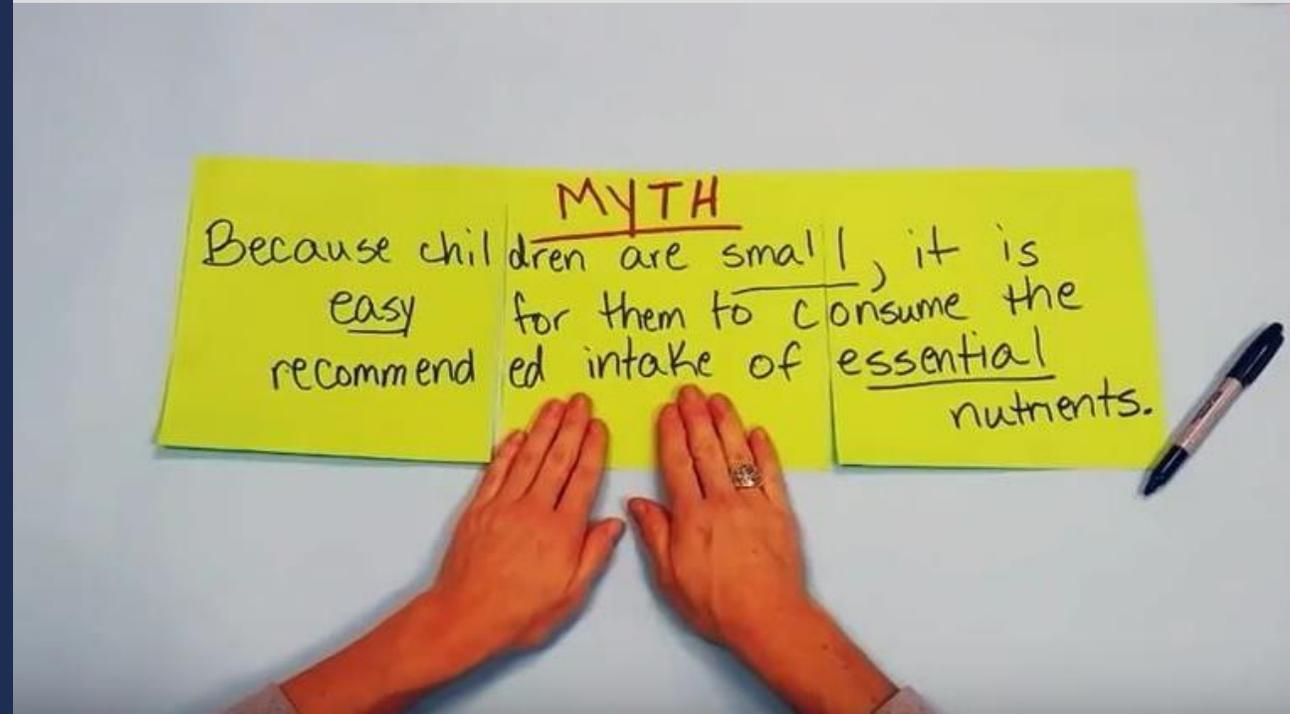


**38 million**  
children are overweight



Malnutrition and diet-related NCDs are still the leading causes of disability and death globally

# Myth TWO



Click the photo to watch the video

## *Myth THREE*

WFP Nutrition  
focuses only  
on providing  
“special food”



# WFP Nutrition Policy & programmes focus on nutritious diets



## *Myth FOUR*

WFP can end  
malnutrition  
with business  
as usual





WFP TARGETED SUPPLEMENTARY FEEDING PROGRAM (TSFP) RATION CARD FOR CHILDREN (6-59 MONTHS)

CHILD'S NAME: *Kwele Shep al...* AGE (YEARS): *10 months*  
 CAREGIVER'S NAME: *Ahok m...* SEX (M/F): *male*  
 SITE NAME: *m...* PAYAM: *alyalath*  
 ADDRESS: *...* VILLAGE / BOMA: *Titadol*  
 CHIEF / SHEIKH: *Ahok...*

visit	Date (DD/MM/YY)	MUAC (mm)	Height (mm)	Weight (kg)	WFL (z-score)	Treatment given	Plumpy Sup Sachets (#)	CSB+ (kg)	CSB+ / Plumbt (kg)	Referral to CTP	Comments
Admit	15/8/17	71.7	-	6.9	-	-	-	3kg	-	Net	
2	30/8/17	11.9	-	6.7	-	-	-	3kg	-		
3											
4											
5											
6											

Assistance Card  
 CODA  
 000000026536786

CO-RESPONSIBILITY  
 Food distribution 2017  
 Medical examination 2017  
 Program: SAMM in progress - still  
 Age: 2 years 0 months  
 Height: 0 kg  
 Weight: 58.8 cm  
 EDAMA No:  
 MUAC: 12.2  
 WFL: -0.06  
 WIA: -4  
 WFE: -3.88



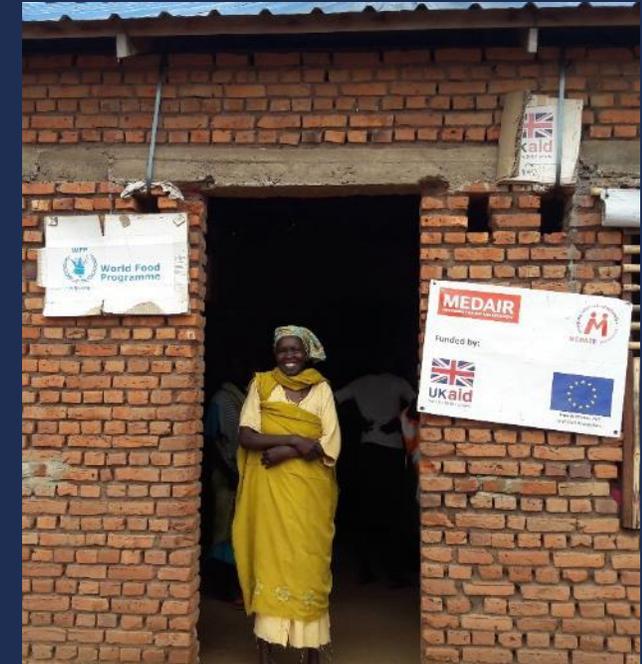
# *Myth FIVE*

WFP can end  
malnutrition  
alone



# PARTNERSHIP IS KEY

- UNICEF
- Rome-based agencies
- Scaling up Nutrition (SUN) movement
- UN Decade of Action on Nutrition
- NGOs, businesses, academia, local producers, retailers and communities
- International coalitions to end malnutrition: No Wasted Lives, SDG2 Advocacy Hub





**JOIN US!**

*Friends of Nutrition*

[nutrition@wfp.org](mailto:nutrition@wfp.org)

[wfp.org/nutrition](http://wfp.org/nutrition)