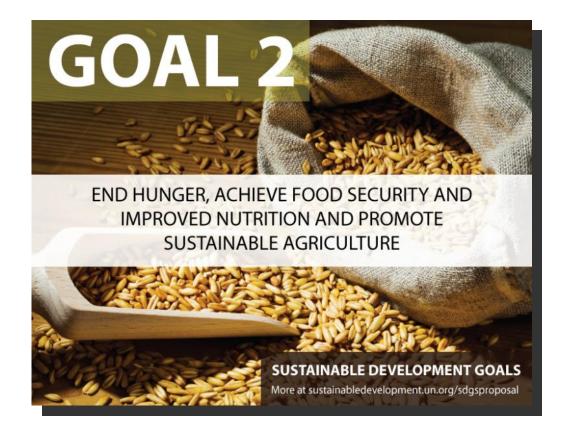
# Nutrition: The Way Forward

Lauren Landis Executive Board: 10 November 2015



### **Sustainable Development Goal No. 2**



# **Issues Highlighted in the Informal Consultation on Evaluation**



- 1. The use of Nutrient-dense products for children 6-23 months
- 2. Presenting the evidence for Prevention Programmes
- 3. The inclusion of cash in Nutrition Programming
- 4. Operationalizing Nutrition Sensitive Programing
- 5. Integrating Gender Best Practices in Nutrition Programming
- 6. Engaging further with partners





### The use of Nutrient Dense Products for 6-23 month olds

- Products are used to complement the diets of vulnerable populations in areas that are deemed food insecure and access to nutrients may be limited due to availability and affordability constraints
- They do not substitute the diet but complement the diet to meet the Recommended Nutrient Intake (RNI)
- There is clear evidence that Children with MAM have a higher RNI requirement than children who are healthy, due to pre-existing deficiencies and specific requirement of catch –up growth (Golden, 2009).
- The RNI for a child with MAM or SAM is higher than that of a healthy child
- Local procurement of high quality nutrient rich products are available in some local markets



## **Presenting the Evidence for Prevention Programmes**

#### What do we know?

- Clear evidence that WFPs menu of Specialized Nutritious Foods (SNF) provides needed nutrients
- WFP is uniquely positioned globally to generate evidence on how to implement nutrition programs at scale for impact and effectiveness
- WFP is currently engaged in a number of studies on complementary feeding, 1000 days, and addressing micronutrient deficiencies

What's still needed?

- HOW to implement programs more effectively that alleviate the barriers to access of needed nutrients?
- Going forward WFP needs to implement gold standard nutrition programing combined with:
  - a systematic operational research agenda focused on the best ways to achieve results for prevention.

## The inclusion of cash in Nutrition Programming

- Little evidence demonstrating Nutrition Outcomes of Cash programmes (e.g., Niger study 2014)
- Incidence of MAM was x2 lower in the interventions that combined a food supplement with cash, compared to cash-only or food-only groups in 6-23 months olds.
- Cash was much more expensive than food to achieve similar nutritional results: 43 euros vs 5-7 euros.
- Study highlights that Specialised Nutritious Foods still have a significant role to play
- Social Safety Nets Programmes (1.9 billion)



Source: Lagendorf C et al, (2014), Preventing Acute Malnutrition Among Young Children in Crisis: A Prospective Intervention Study in Niger, PlosMedicine, Vol 11, Issue 9, Sept 2014



## **Recommendations 1 & 2: Revision and Development**

#### Recommendation

- Do not revise at this time
- Align with the new Strategic Plan
- Provide regular updates to the EB
- Collaborate with partners under the UN Global Nutrition Agenda
- Develop subject papers to provide guidance on emerging issues

#### Ways Forward

- Continue to communicate openly regarding the roll out of the policy
- Evaluate the evolving global evidence base and dialogue
- Continue and strengthen work with UN partners
- Complete a series of subject papers on global nutrition issues
- Accelerate work on Nutrition Sensitive strategies across WFP

# **Nutrition Sensitive + Nutrition Specific = Zero Hunger**

Natural extension into existing programmes

- School Feeding
- Purchase for Progress
- Social Protection
- Food for Assets

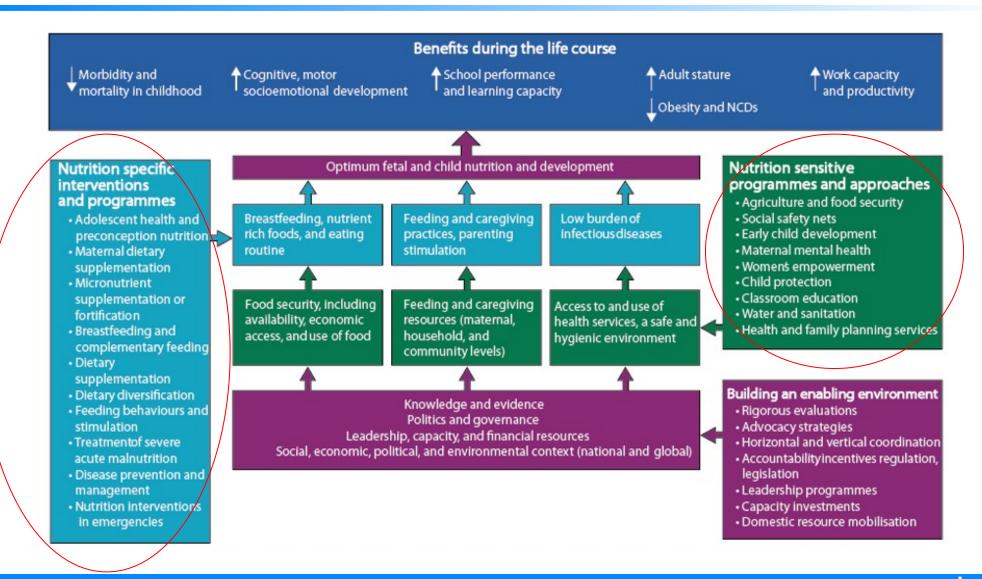
**Immediate Action Required** 

- Need for greater evidence
- Testing of indicators to prove a nutrition outcome
- Improved guidance for field offices
- Work with partners to take nutrition sensitive forward as a community





# Lancet Series in 2013 framework, including Nutrition Specific and Sensitive interventions & approaches



**Nutrition Division (OSN)** 

# ...but implementation is complex and requires broad stakeholder involvement - <u>Nutrition Sensitive</u> interventions

	Nutrition sensitive: incorporating nutrition into other sector approaches to achieve improved nutrition outcomes				
WFP MFP leading	Health	WASH	Education	Agriculture	Social Dev't
	• Food assistance to enable uptake of services (maternal health, MAM treatment, HIV treatment)		<ul> <li>Incorporating nutrition and SRH into School Feeding prgms</li> </ul>		<ul> <li>Innovative distribution modalities (e.g., Cash and Vouchers)</li> </ul>
		<ul> <li>Behaviour change communication</li> <li>Staff trainings on WASH essentials</li> <li>Asset creation</li> </ul>	<ul> <li>Incorporating nutrition and SRH into adolescent girls groups</li> <li>Behaviour change communication</li> </ul>	<ul> <li>Ag. and market dev't (P4P)</li> <li>Maximizing nutritional benefits of ag. value chains</li> <li>Livelihoods, economic empowerment of smallholders and women (FFW/A, P4P)</li> <li>Processing (fortification, safety)</li> </ul>	<ul> <li>Advocating for and designing explicit nutrition objectives and outcomes within social protection programmes</li> </ul>

MAM: Moderate acute malnutrition; WASH: Water, sanitation and hygiene; CHAI: Clinton Health Access Initiative; P4P: Purchase for Progress; FFW/A: Food for Work/Assets

### **Recommendation 3: Guidance for Implementation**

#### Recommendation

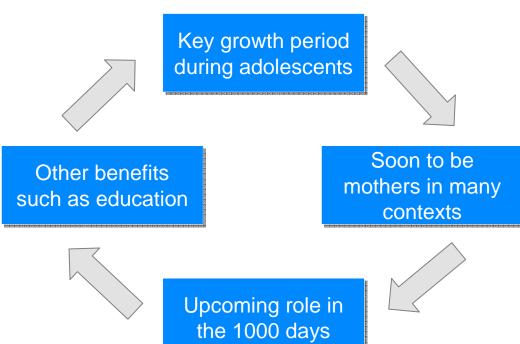
- Strengthen guidance for WFP staff and management
- Improve gender analysis and monitoring in line with new Gender Policy
- Ensure guidance is readily available

#### Ways Forward

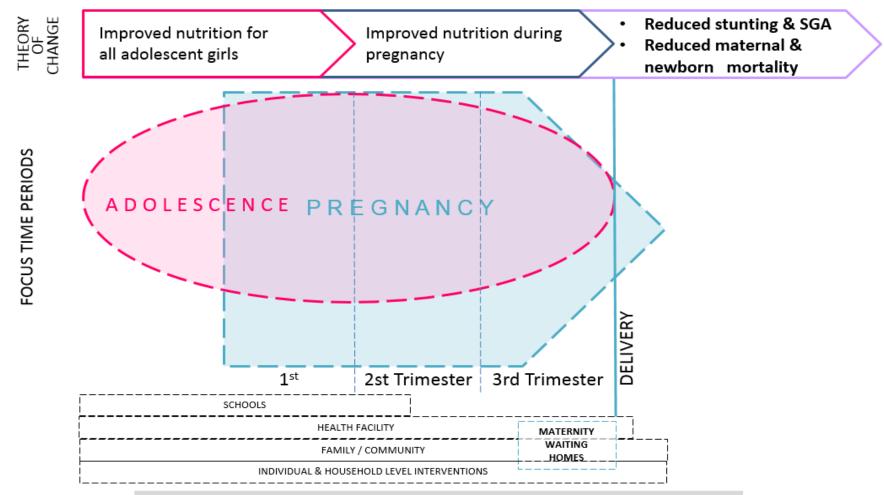
- Improve tools and update guidance
- Continue collaboration with the Gender office and VAM to strengthen gender considerations in nutrition programming and analysis, e.g. adolescent girls and nutrition.
- Update webpages and communications tools for the field

# Adolescent girls and Improved Gender Sensitive Programming





# Adolescent girls are a critical population in efforts to reduce maternal and new-born mortality and stunting



Beyond good health and nutrition for the next generation, nutrition for adolescents is also important for their own health and potential and for being a good parent

#### Recommendation

- Provide guidance on methodology
- Provide guidance on supporting national M&E systems
- Ensure consistent prioritization of M&E and utilization of results

#### **Ways Forward**

- Updated guidance on methodologies for reporting against the SRF has been completed and disseminated to regional advisors in order to support country offices
- Work with other United Nations agencies and partners to define a framework for national nutrition M&E systems and provide support as appropriate
- Maintaining and strengthening a focus on M&E remains a cross cutting priority

# Recommendation 5: Operational Research and Knowledge Management

#### Recommendation

• Develop, disseminate and implement a comprehensive operational research strategy

#### Ways Forward

- Finalize operational research strategy which meets needs of regions and countries
- Strengthen tools and data analysis
- Link improved nutrition situation analysis to decision making on nutrition
- Increased interpretation and communication of findings

### **Preview:** The Cost of Diet and Filling the Nutrient Gap Tool



## Addressing the Double Burden of Malnutrition

- Increased concern/ issues for nutrition operations
- Connection between stunting and obesity
- More guidance for field operations
- Greater engagement with governments to use well informed assessments (Indonesia)



# **Recommendation 6: Capacity Development within WFP**

#### Recommendation

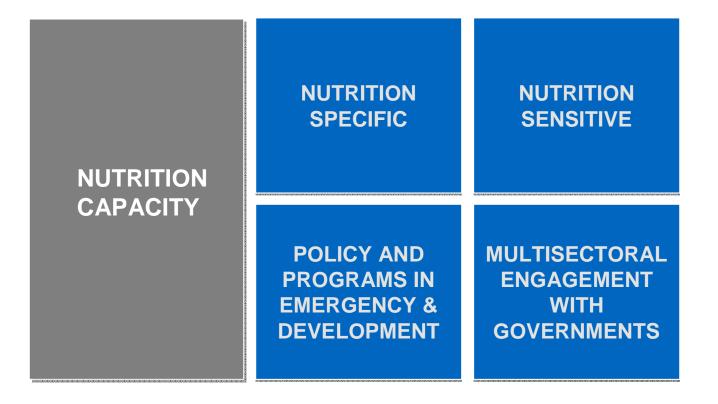
- Ensure appropriate balance of competencies
- Ensure skills for implementation
- Enable effective advocacy, particularly with national governments

Ways Forward

 Core competencies for nutrition staff have been updated and include a focus on partnership, advocacy and strategy

 To balance the various needs of different audiences, OSN will work with HR to update a nutrition capacity development strategy

# **Preview: Capacity Building: Building Skills**



# Recommendation 7: Collaboration and Multi-sectoral Partnerships

#### Recommendation

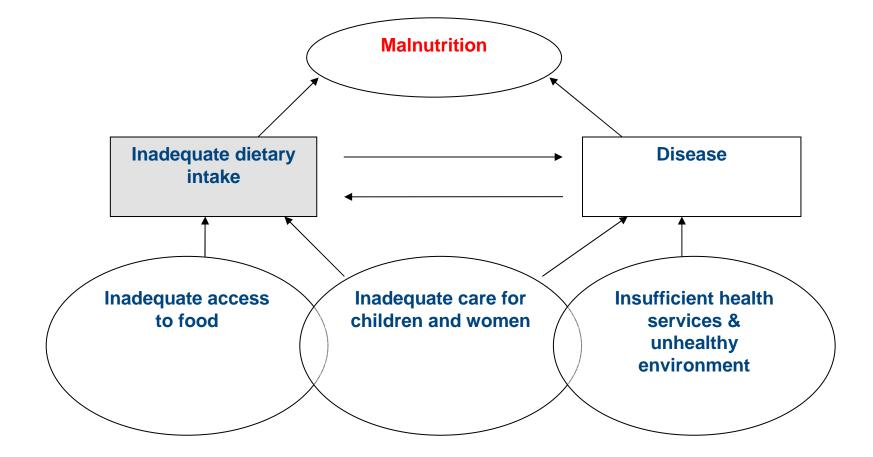
- Continue to work in partnership across emergency, transition and development contexts
- Support cohesive UN Nutrition strategies
- Strengthen external communications on WFP Nutrition

**Ways Forward** 

 Continue to support global nutrition mechanisms which support national governments to deliver improved nutrition

- Strengthen collaboration with key nutrition partners and ensure coordinated action via the Cluster
- Update external materials to openly communicate WFP's role in nutrition and serve as an ongoing update to external stakeholders

# **UNICEF Conceptual Framework (partial representation)**



# Multisectoral, multistakeholder efforts required to address malnutrition

#### **Stakeholder landscape for nutrition** – *not exhaustive*



\* UN Nutrition Network comprised of FAO, UNICEF, WFP, WHO and IFAD; other agencies engaged in nutrition include UNHCR, UNFPA, UN Women, and UNDP

## **Recommendation 8: Resourcing Implementation of the Policy**

#### Recommendation

- Continue to implement the Financial Framework Review
- Improve financial monitoring and cost-effectiveness analysis
- Continue to advocate with donors for longer term financing for prevention activities

#### Ways Forward

- Continue work on Financial Framework Review and ensure nutrition considerations
- Explore cost-effectiveness under the value for money framework
- Update Nutrition Fundraising Strategy, with a focus on the need for funding to better implement preventative activities

# **Moving Forward**

#### **Current strengths**

- We have and are building the evidence, knowledge and guidance on how to do this work
- Strong investment case for prevention
- Nutrition sensitive is a key way forward for WFP

#### WFP Challenges to be Addressed

- Programme quality: 'Minimum' vs 'Gold standard'
- Vicious cycle- poor investment in assessment and measurement means poor quality programming and reduced potential for success.



- New Country Strategies in high burden countries (> 40% stunting)
- Financial Framework: critical for smoothing funding spikes
- Building capacity at all levels
- Strong strategy for evidence building



