



NUTRITION

WFP Nutrition: Saving Lives, Changing Lives

Induction Session for new Members and Observers of the WFP Executive Board

2023



World Food Programme

SAVING LIVES
CHANGING LIVES

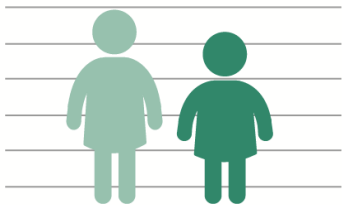
What is Malnutrition?

when nutrient and energy intake does not meet or exceeds an individual's requirements, resulting in undernutrition or overnutrition

Types of malnutrition

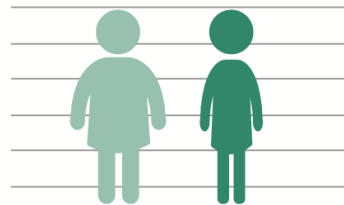
■ standard ■ malnourished

STUNTING



impaired growth and development (chronic malnutrition)

WASTING



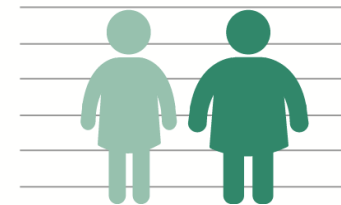
weighing too little for one's height (acute malnutrition)

UNDERWEIGHT



when body weight, or weight for height, is too low for a person's age

OVERWEIGHT/ OBESE



excess weight harming health

MICRONUTRIENT DEFICIENCY



shortage of essential vitamins and minerals (hidden hunger)

more than 2 BILLION

affected by one or more forms of
micronutrient deficiency

2.2 BILLION

are overweight or obese

more than 3 BILLION

cannot afford a healthy diet

45 MILLION

suffering from wasting

149 MILLION

suffering from stunting

39 MILLION

are overweight or obese

32 MILLION

suffer from some form of
micronutrient deficiency



children under
five

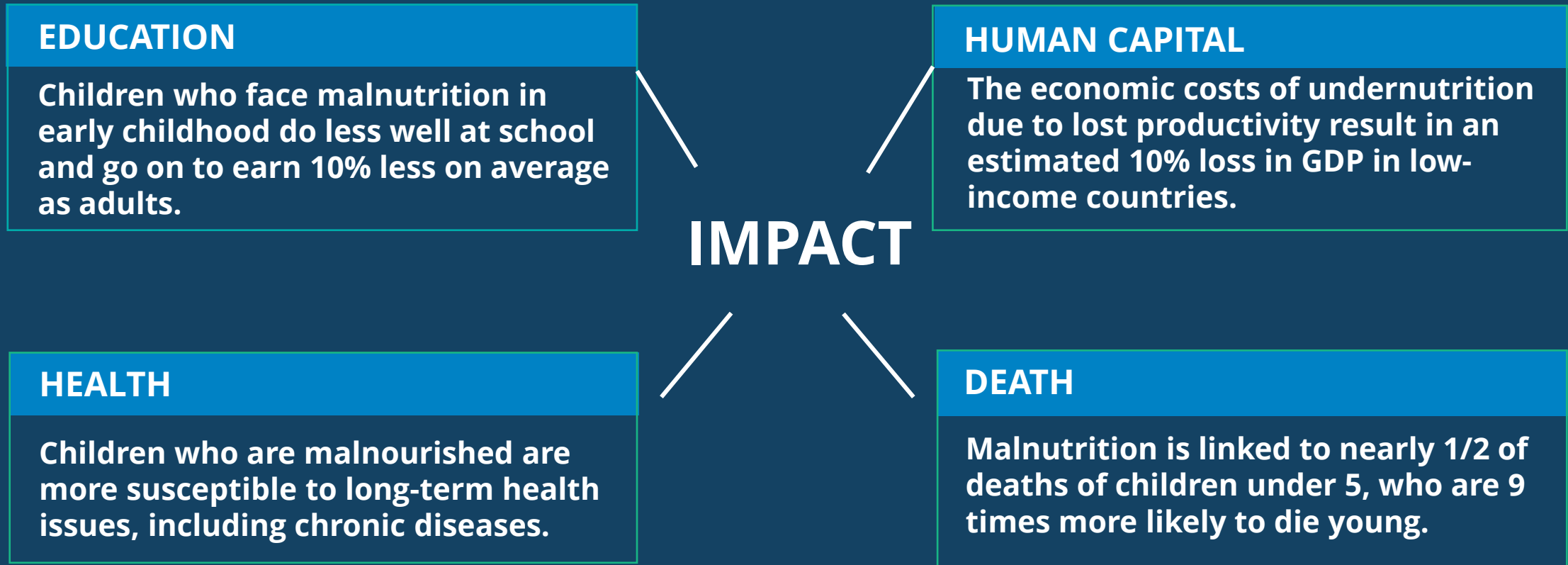


people



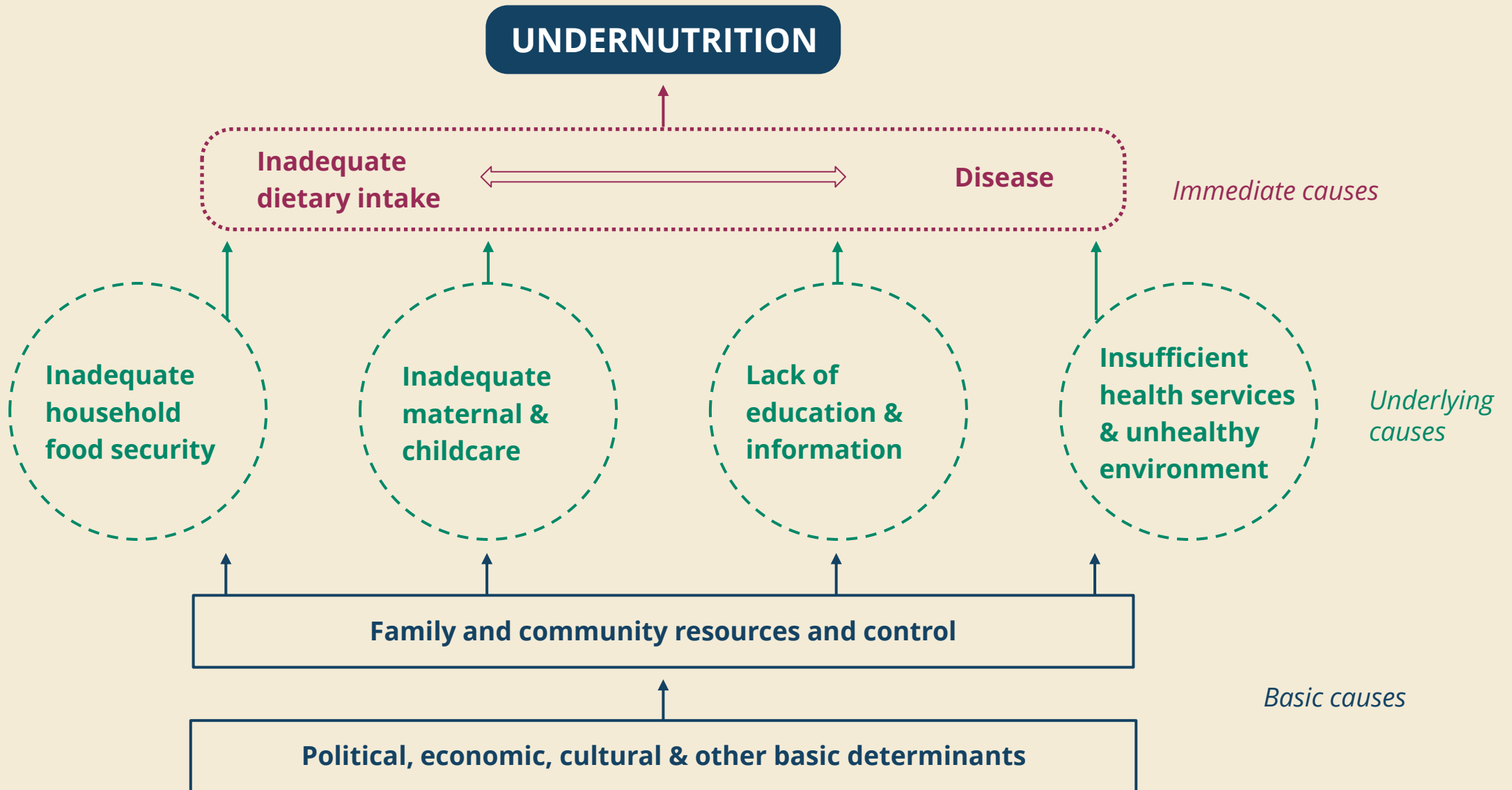
pregnant and
lactating women

Even a single episode of **acute malnutrition** can permanently harm a child's physical and mental development



Every \$1 invested in nutrition can generate \$16 in economic productivity

What causes undernutrition?



The First 1,000 days

- a unique window to save and change lives

Good nutrition during pregnancy and through a child's second birthday - the 'first 1,000 days' - is fundamental for building healthy brains and bodies, giving children the best opportunity to survive and thrive.



Malnutrition during this critical period is especially deadly and can have irreversible life-long consequences: vulnerability to disease, poorer school performance and lower future earnings.



From conception



2 years

The Global Food Crisis is a malnutrition crisis, aggravated by multiple stressors



**INCREASING COST OF FOOD,
FUEL AND FERTILIZER**



COVID-19



CONFLICT



CLIMATE

**more
than
30M**

children and women suffer acute malnutrition across the 15 countries most affected by the global food crisis, including Afghanistan, Yemen, and Somalia

60%

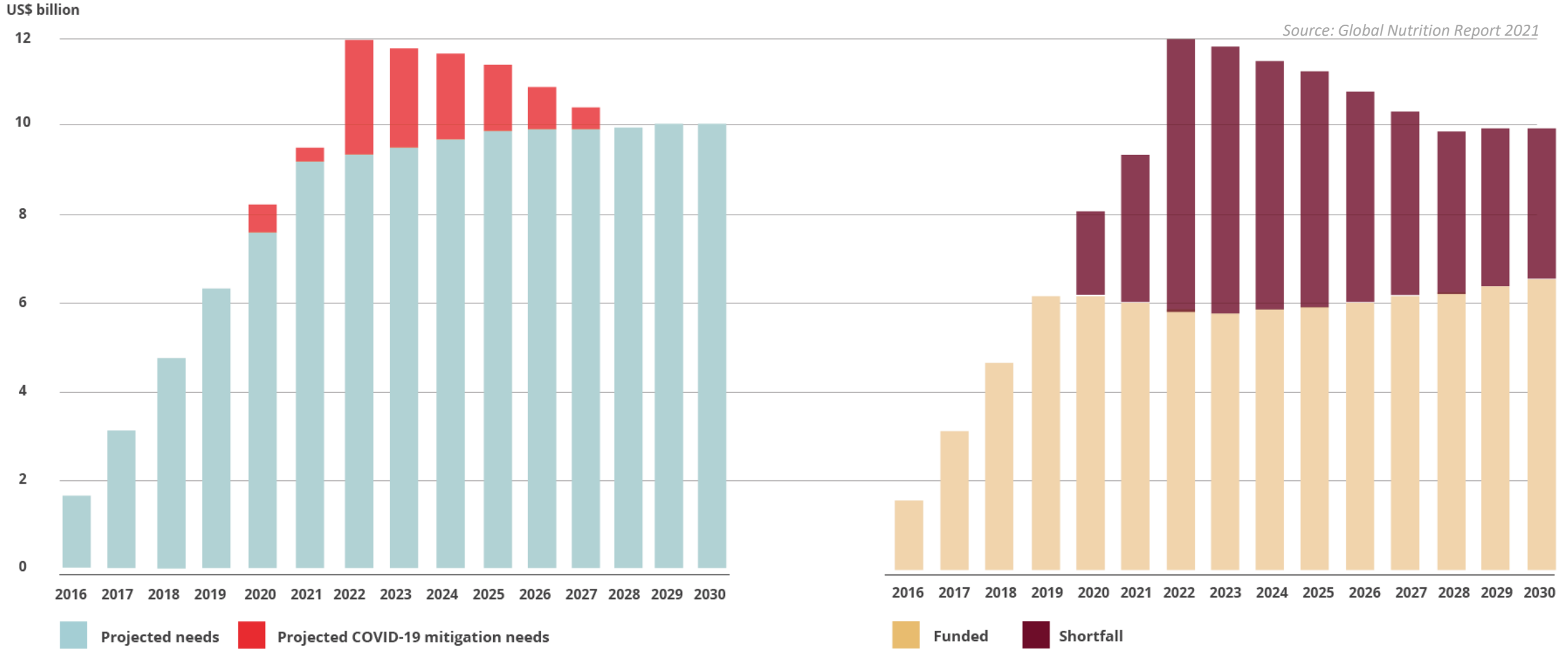
of chronically food insecure people live in countries affected by conflict

30M

displaced by climate and weather-related events each year

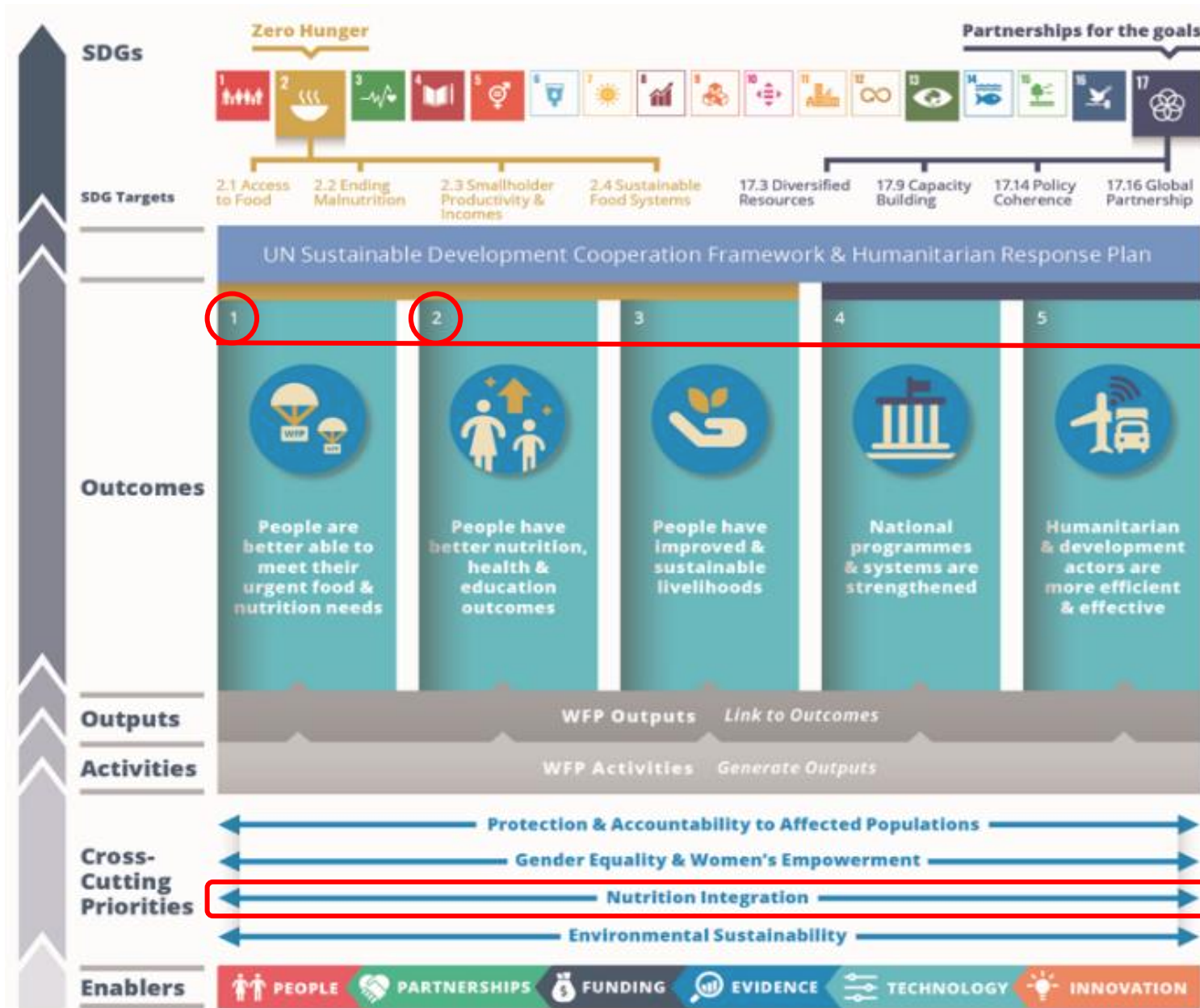
A **5% increase** in the real price of food can increase the risk of child wasting **by 9%**

Financing: Growing need but increasing shortfall



Mobilising more finance to build nutritional resilience and equip actors to respond decisively in times of crisis is crucial, reducing both the immediate and long-term financial and human costs of crises on nutrition.

Nutrition in WFP's Strategic Plan 2022-2025



Two of the five strategic outcomes **directly** contribute to nutrition outcomes

Nutrition is a fundamental priority that cuts across all of WFP's strategic outcomes with the aim of maximising our impact on malnutrition

WFP's Nutrition Work



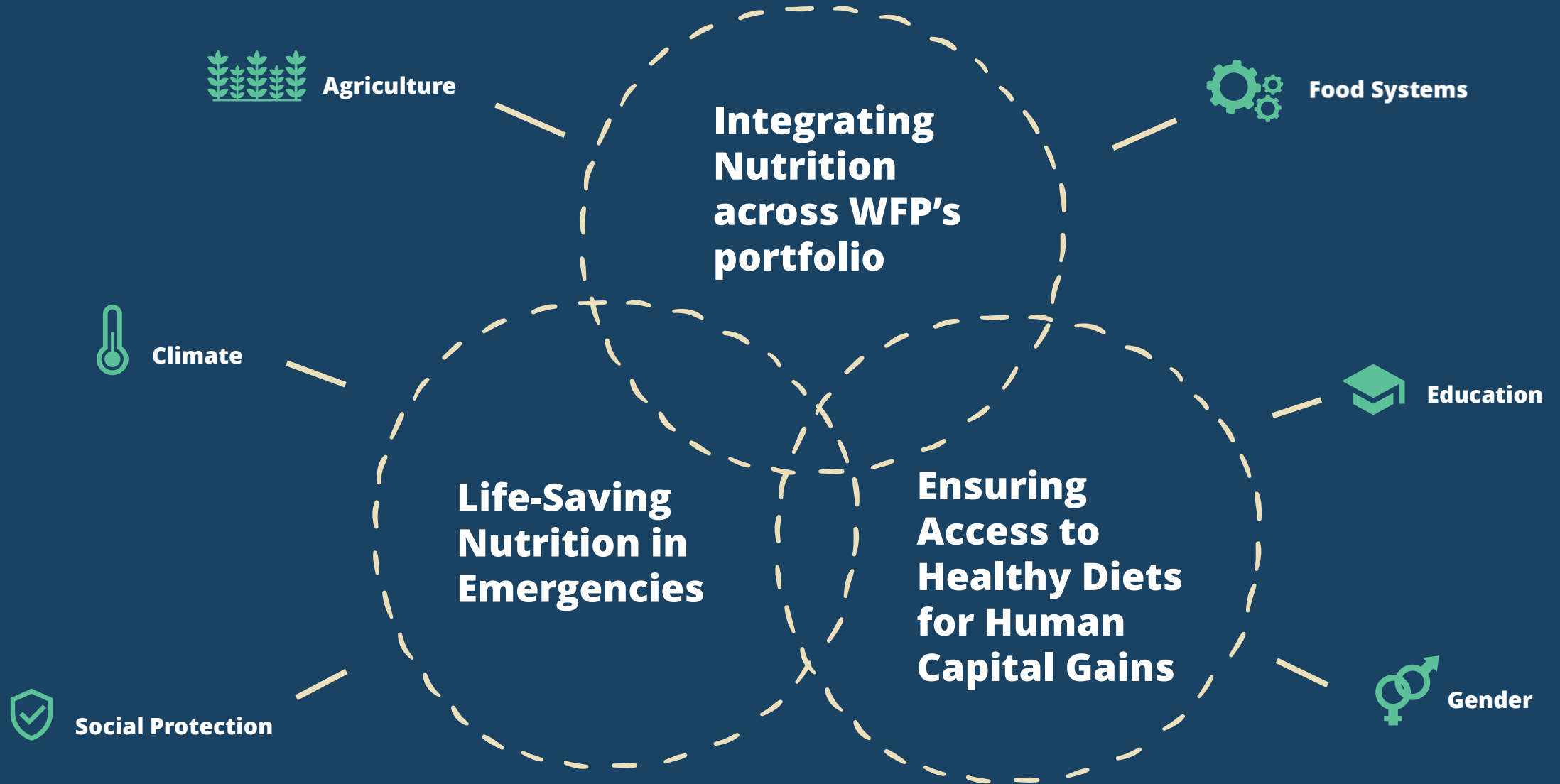
Our Goals

WFP works to ensure that people, especially those most at risk of malnutrition, meet their nutritional needs and have optimal nutritional status to lead healthy, productive lives

WFP aims to enable all people to access healthy, nutritious diets in a resilient and sustainable manner as a key route to ending malnutrition and hunger, ensuring people fulfil their potential and to save lives and change lives

WFP concentrates efforts on the most vulnerable, targeting young children, pregnant women, breastfeeding mothers, adolescent girls, people living with HIV/TB and persons with disabilities

Maximising impact on diets and malnutrition



WFP in Action: Our Outcomes

WFP's vision involves contributing to five outcomes. Three are relevant to SDG 2 and two to SDG 17:



People are better able to meet their urgent food & nutrition needs



People have better nutrition, health & education outcomes



People have improved & sustainable livelihoods



National programmes & systems are strengthened



Humanitarian & development actors are more efficient & effective

Nutrition indicators across the Outcomes:

Women and children in need benefit from services to prevent and treat malnutrition

People supported by WFP are able to meet their nutritional needs through an effective combination of fortified foods, specialised nutritious products and actions to support dietary diversification

WFP's Nutrition Reach 2021



Nearly 24 million beneficiaries reached with targeted prevention and treatment services:

- **54%** reached with treatment programming
- **46%** reached with direct prevention programming



35 million beneficiaries reached with approaches to empower communities to access healthy diets



74 countries where WFP implements nutrition programmes or integrates nutrition into complementary programmes



78% of WFP Nutrition beneficiaries were reached in humanitarian and emergency contexts



65 countries in which WFP distributed fortified commodities such as wheat flour, maize meal, rice, oil and salt

WFP's Nutrition Reach 2023

We are facing another challenging year



Aiming to reach **34 million** women and children in 2023 with prevention and treatment programmes

- **19.9 million** with prevention programming
- **13.9 million** with treatment programming

GAP on Child Wasting

Urgent action needed as acute malnutrition threatens the lives of millions of vulnerable children

2023

WFP alongside four other UN agencies launched a [call to action](#) for renewed commitment to address child wasting globally. It highlights priority actions from the Global Action Plan (GAP) to prevent, detect, and treat acute malnutrition among children in the 15 worst-affected countries.

Find out more: [link to WFP feature story](#)

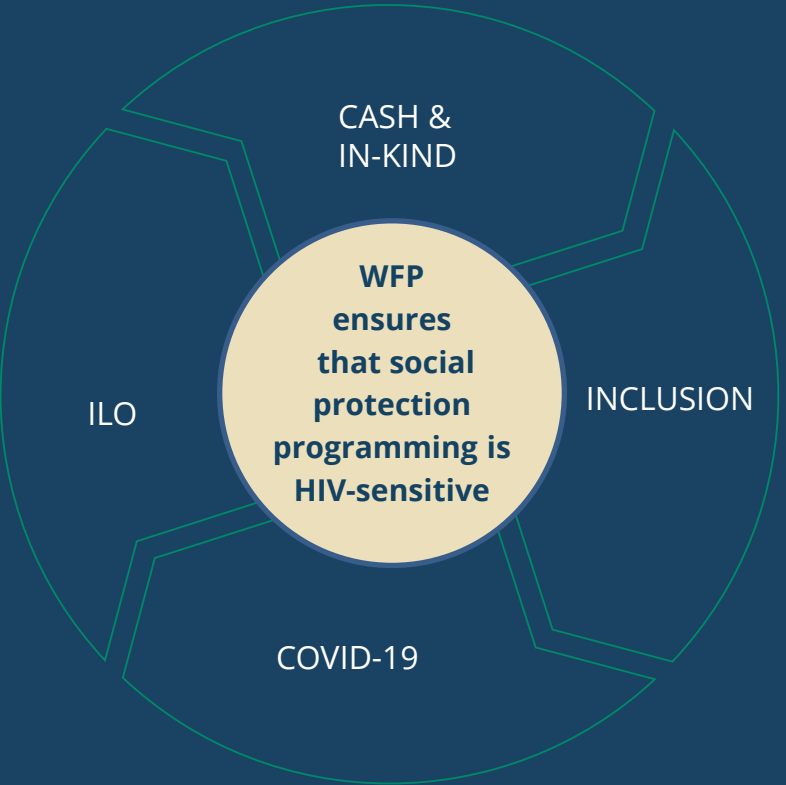
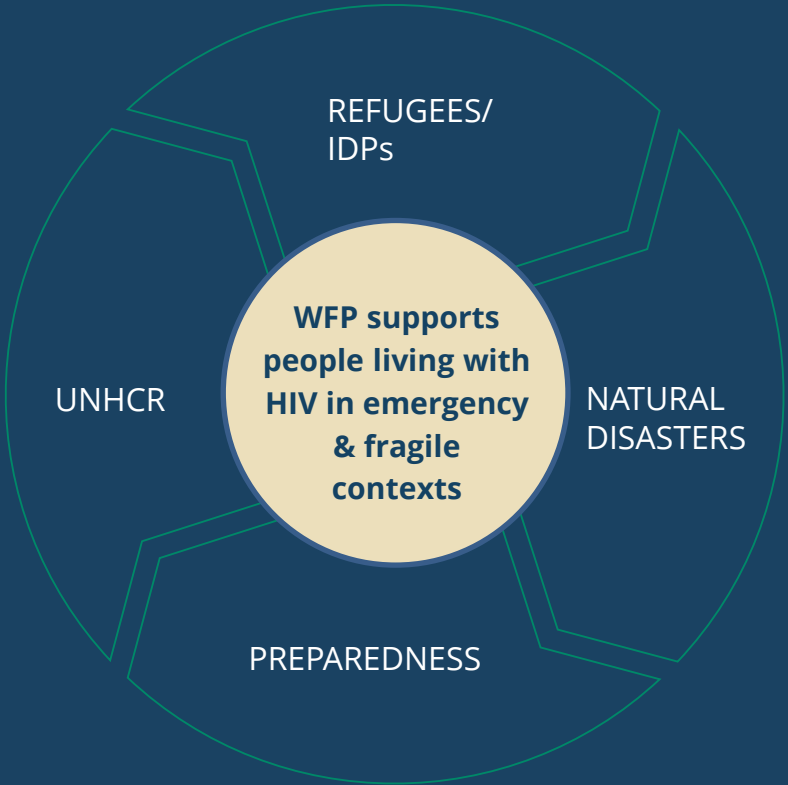


UN Head of Agency video <https://www.youtube.com/watch?v=ZEKlgPjfy9k&t=25s>

ED video on child wasting <https://www.youtube.com/watch?v=DEn-f8K1X4k>

Leaving No One Behind: People living with HIV

Malnourished and food insecure people are at increased risk of contracting HIV ↔ People living with HIV are more likely to be malnourished



By addressing the unique needs and vulnerabilities of **people living with HIV and their households**, WFP ensures they are not at risk of falling further behind

Country Examples

Scaling up Lifesaving Food and Nutrition Assistance



Yemen

Nearly **half of all children under five, or nearly 2.2 million children - as well as 1.3 million pregnant and breastfeeding women are acutely malnourished**. This is one of the highest levels of acute malnutrition ever recorded in Yemen. In 2023, WFP is targeting 4.1 million children and mothers with services to prevent and treat malnutrition, a significant increase from the 2.9 million children and women supported in 2022. The malnutrition treatment programme is delivered across all 333 districts through more than 4,100 health facilities and mobile clinics at sites for IDPs.



Country Examples

Ensure Access to Healthy Diets



Ethiopia

12.2 million people across the Tigray, Afar and Amhara regions need food assistance as a result of conflict.

Ethiopia in general, and the Amhara Region in particular, still have high rates of malnutrition including stunting. Dietary diversity is low for children between 6 and 23 months as well as their mothers. The WFP Fresh Food Voucher Programme offers an innovative approach to stunting reduction targeting the **first 1,000 days of life**. Participants receive digital vouchers to purchase fruit, vegetables, and proteins, while stimulating local fresh markets, supporting national policies, and SBC design.



Working in Partnership

Shaping global nutrition policy and governance through public and private multistakeholder, multi-sector collaborations



United Nations System Standing Committee on Nutrition



WFP Nutrition and the Executive Board

Coordinating the **Friends of WFP Nutrition**: bringing topical nutrition issues to the Membership through events and missions.

Maintaining Open Dialogue and support to Board Members on nutrition related issues and collaborating on advocacy and resource efforts.

Facilitating understanding of **Nutrition Objectives and Vision** in WFP's Strategic Plan

Thanks from the WFP Nutrition Team

Core team of 65 staff
based in HQ

Around
390 nutrition staff
worldwide



learn more: wfp.org/nutrition



email: nutrition@wfp.org